

What is Lent All About?

LENT is the forty-day period of preparation for Easter, the Feast of the Resurrection, the most important time of the entire Christian year. It is based on the days of prayer and fasting in the wilderness that Jesus spent after his baptism and before starting his public ministry.

Christians use the season of Lent to get closer to God by examining our hearts, our behavior, and our relationships. When we find something that gets in the way of being reconciled with God and with other people, we do our best to set it aside, ask forgiveness where we have caused hurt or wrong, and start afresh with God's help. We also grow closer to God through reading the Bible faithfully and prayerfully, along with other spiritual writings; and through worship.

The traditional practices of Lent are prayer, fasting, and almsgiving.

Prayer – time spent in spoken or silent communication with God.

Fasting – refraining from those things that all-too-easily consume us; alcohol, spending, social media, anger, mindless eating, etc.

Almsgiving – giving to others in need from our material resources, perhaps from savings not spent on meat, sweets, trivialities.

Worship & Prayer

Sunday Worship

8:00 & 10:00 am Holy Eucharist & Sermon
Music at the later service, followed by refreshments and fellowship

Mid-Week Eucharist and Healing Prayer

Thursdays, 7:00 am (except 3/28)
Followed by an optional light breakfast

Holy Week & Easter

April 14 Sunday of the Passion: Palm Sunday

8 am Holy Eucharist
Distribution of Palms
10 am Holy Eucharist
Bagpipe Procession and Palms
Passion Gospel – Dramatic Reading

April 18 Maundy Thursday

6:00 pm Agapé Supper
7:30 pm Institution of the Holy Eucharist
Stripping of the Altar & Prayer Watch
Good Friday Morning Prayer
(at Midnight)

April 19 Good Friday

12:00 Intergenerational Stations of the Cross
An experiential service for all ages
7:30 pm Good Friday Liturgy
The traditional Good Friday service.

April 20 Easter Eve

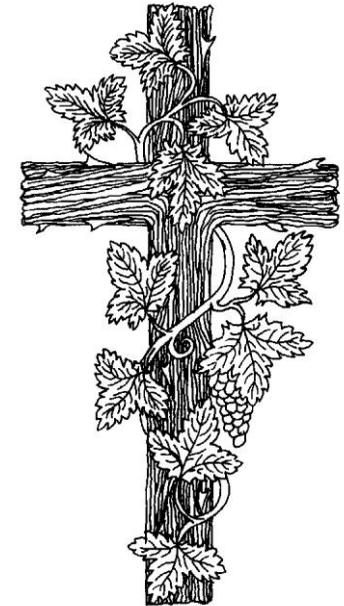
7:30 pm The Great Vigil of Easter
Kindling the New Fire
Renewal of Baptismal Vows
The First Eucharist of Easter

April 21 Sunday of the Resurrection: Easter Day

8 am Festive Eucharist with Hymns
10 am Festive Choral Eucharist
Flowering Plants Distributed.



Lent Events & Opportunities 2019



All Saints' Church, Millington, New Jersey
(908) 647-0067 • allstsmill@hotmail.com
www.allsaintsmillington.org

Learning & Reflection

Bible Study

Wednesdays, 10:15 am in the Rath House
The Gospel of Mark – We are finishing up our study of Mark, chapters 13-16, which covers the period of Jesus' last week of earthly life, Crucifixion, and Resurrection. Each class can be a drop-in. Use this time to start reading and learning with others.
No class on March 13 or 27.

Lenten Devotional Reading

There is an assortment of Lenten booklets for daily reading in the basket in the Narthex. Our regular Forward Day by Day devotionals also have good Lenten reflections. These resources are free for the taking.

We also have a number of small books based on *The Way of Love*, the Episcopal set of Christian spiritual practices. Each book describes one practice: *Turn-Learn-Pray-Worship-Bless-Go-Rest*. Choose one that intrigues you, puzzles you, challenges you. Some of the titles won't be available until a few weeks into the season; we'll make them available as soon as they arrive. ***The cost of these books is \$9.***

Narnia Book Club for kids, adults, and families. We are reading "The Magician's Nephew" from *The Chronicles of Narnia* by C.S. Lewis. Brochures with a reading schedule are on the book case in our Narnia Corner near the choir stalls. There is discussion of the week's reading on Sundays during coffee hour. You can also participate on-line via the One Parish/One Book group on All Saints' Facebook page. Copies of the book are available in the Narnia corner for \$5. Speak to Alison Siener Brown or Mother Vicki if you have questions.

Fellowship

Bringing Our Parish Family Together

Sunday Night Supper: Chili Cook-off & Game Night,

Sunday, March 5-7 pm

in the Parish House Lower Room

Bring your best chili, cornbread, and favorite board game! For the whole family. A great time to have some fun and relaxation with your fellow parishioners. Sign up on the sheet in the Narthex and put it on your calendar...and bring a friend or neighbor!

Mid-Lent: a Sunday of Refreshment

Maundy Thursday Agapé Meal April 18, 6 pm
in the Parish House Lower Room.

Agapé is the Greek word for God's love – and the way we share it in community. We'll gather for a simple pot-luck meal, as Jesus and his disciples did, before our worship. We'll be sharing this meal with our brothers and sisters in the Christian (Catholic) Community. *Sign up on the sheet in the Narthex.* Hope to see you there!

First Party of Easter April 20, post-worship
in the Narthex.

Come for the Easter Vigil, stay for the party! Simple, festive refreshments following the Great Vigil of Easter – the first celebration of the Easter Season. Beverages, fruit, sweets, cookies, etc. Look

for the sign-up sheet in the Narthex. Share Easter joy with your fellow Saints!

Other Opportunities

Daily E-mail Prayer and Meditation to receive parish meditations in your email on a daily basis (if you are not already receiving them), send a request to allstsmill@hotmail.com.

Private Confession can be a useful practice for some people in letting go of those things that weigh heavy on their conscience before God. To schedule a time for confession, please e-mail the Rector at allsaints_rector@hotmail.com.

Holy Week Practices

Foot Washing on Maundy Thursday is a symbol of the loving service to others that Jesus calls us to – basic, humble, prayerful, vulnerable. It is practiced in churches all over the world. During the singing of a chant, the congregation is invited to come forward, have one foot washed, and then wash the foot of the person who comes after them. *Wearing easily removable shoes and socks makes this easier.*

Prayer Watch, anytime Maundy Thursday night, 8:30 pm to 12 am. **Come and keep watch** in the Church with Jesus for thirty minutes at the Altar of Repose. A time for personal prayer and meditation, it is done on behalf of our whole parish community. *Sign up for a prayer time on the sheet in the Narthex.*

